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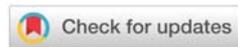
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Research Article

The test of reincarnation of the soul by DNA and IRIS scanner (Part Two)

Abstract

The test of reincarnation of the soul has only been studied through the Tibetan Book of the Dead [1], written by Padmasambhava in the 8th century. He was the founder of the Nyingma school of Tibetan Buddhism and the inner tantras in the 8th century. This book is a handbook for those who have died and which, according to the Tantric Buddhism of Tibet [2], would allow achieving enlightenment during the immediate period after the death and for a few days more in order to avoid rebirthing and entering samsara again, as it is considered that the death process after dying takes 49 days and afterwards a rebirth suddenly happens in the reincarnation cycle. The content of the book gives some advice to keep in mind during this "intermediate period", known by the Tibetans as bardo [1], in order to not reincarnate in any of the called lower kingdoms according to the Buddhist tradition [2]. According to that tradition, this text is considered as one of the "earth treasures" (*gter ma*). Nevertheless, Padmasambhava [3], did not make it public but he concealed it, though it was discovered in a cave by Karma Lingpa 6 centuries later, in the 14th century. In the Western world it was made public for the first time through the translation into English by Walter Evans-Wentz in 1927 [4].

These article series resolves, using the same technique, researching the process of reincarnation of the soul understanding that there are phenomena that can never be taken to the laboratory and which do not follow the entitled scientific method.

Introduction

The scientific method [5,6], could be described as a procedure based on logic and which arranges knowledge in order to apply it to science development. Science attempts to find an explanation to phenomena and processes that occur trying, after creating an hypothesis, to explain it statistically or mathematically until making it a thesis and being incorporated to textbooks, reference books, popular science books and professional books, once the discovery or findings have been published in a Peer-Reviewed journal [5] (Science Citation Index).

The scientific method rejects or eliminates every procedure that seeks manipulating reality in a whimsical way to the point of making it not real or not object of study due to deviation from the rule or from the scientific consensus. Every research entails an observation, targets are devised, materials and methods are described, results are presented, other works are discussed and related, and finally, findings are resolved in a maximum of 5-10 points and the consulted bibliography is attached [6]. The observation is made with our physical senses, sight, hearing, smell, taste, and touch. This way, description and features of the phenomenon are achieved [7]. The hypothesis is a possible

solution to the posed problem in the form of the previously supposed, which will be called evidence. In the experimentation, the phenomenon is recreated controlling all the variables in the laboratory. In the analysis of the results, the mathematics or the statistics or both are revealed to the observation done to the phenomenon or findings in order to translate into numbers whether if what is found is significant or not. In the discussion, our findings are posed and are compared to other similar ones checking their results [8].

Lastly, in the conclusion, whether the hypothesis is reliable or not is established, based on whether a law can be made from it in a way in which the method reproducibility can be confirmed [9].

According to science, something is a law when a theory is confirmed several times and the results are the same (Archimedes' Law, Newton's Law, the Theory of Relativity, etc.).

All in all, the findings are announced to the Scientific Community.

At this juncture, I wonder as a scientist:

What if a different way of analyzing that is not through the physical senses is discovered?

What if it becomes evidence without being observed by the physical senses?

What if the hypothesis breaks the rule but it is so evident that there is not the slightest doubt?

What if the experimentation is not made in the laboratory because what is measured could not be measured by the existing 21st-century technology?

What if the analysis of the results produced unquestionable and reproducible data even though they were not produced by traditional methods?

What if there is nothing published about the findings discussion? What should be stood by while discussing?

What if the conclusion is undoubtedly reliable, but it causes wondering parallel questions due to the severity of what is said?

Would it still be Science?

If that were not the case, the following points would be considered:

When fire was first discovered, was a scientific experiment carried out?

When the wheel was first discovered, was a scientific experiment carried out?

When paint for decorating ceilings and walls was first discovered, was a scientific experiment carried out?

When something that could float or sail was first discovered, was a scientific experiment carried out?

When it was first discovered that water quenches thirst, was a scientific experiment carried out?

I have only given five examples, but you know there are many more.

What kind of scientific verification did Noah perform when he intuited the flood? And it happened.

What kind of scientific verification did Leonardo Da Vinci perform when he was painting the “Virgin of the Rocks” or “La Gioconda”? None, he was carried along by a force that he himself called inspiration and he created it.

What kind of scientific verification did Picasso perform when he was creating on a canvas? None, he was not a scientist but he let himself be inspired.

What kind of scientific verification did Alexander Fleming perform, who, in 1928, in an accidentally open Petri dish and full with bacteria, observed the formation of Penicillium fungi and proved the penicillin which saved so many lives? None, he observed that evidence came before science.

What kind of scientific verification did the gynecologist James Simpson perform in 1847 in order to daily use chloroform

for soothing the pain and to discover the anesthesia? None, he observed that evidence came before science.

What kind of scientific verification did Johannes Gutenberg perform in 1430 and 1440 when the books were hand-copied and he invented the printing press? None, he observed that evidence came before science.

What kind of scientific verification did the Polish astronomer Nicolaus Copernicus, one of the founders of astronomy as science along with Galileo Galilei, perform when he posed the Solar System Heliocentric Theory? None, he observed that evidence came before science [10].

What kind of scientific verification did Albert Einstein perform when, after many theories, laws and books, discovered that the most powerful force in the Universe was love? None, he observed that evidence came before science.

What kind of scientific verification did Gautama Buddha perform in order to dictate 108 books after discovering meditation as the way for accessing knowledge? None, he observed that evidence came before science.

What kind of scientific verification was performed in order to find out why Cain killed Abel? None, but it is considered to be a proven fact.

What kind of scientific verification did Moses perform when the Red Sea opened in front of him? Was any laboratory experiment performed? None, but it is considered to be a proven fact.

We could endlessly continue describing similar facts that occur and which are not required to be science in order to be accepted as reliable.

At this point, here are 5 scientific articles that report about Buddhist meditation.

Judge for yourselves if you are “scientists”. You meet all the requirements. You are scientists without any doubt, but observe very well what you present, because you describe processes, doubts, and questions about what is not measureable but it is science. Even so, you do science very limited due to the materials you use which cannot analyze the invisible:

Neural mechanisms of hypnosis and meditation: De Benedittis G.J *Physiol Paris*. 2015 Dec; 109(4-6):152-164. This article describes that hypnosis [10], has been an elusive concept for science [11-16], for a long time. Nevertheless, the forceful advances in neuroscience in the last decades has provided a “bridge of understanding” among the classic neurophysiologic and psychophysiological researches. These researches have shed new light on the neural basis of the hypnotic experience offering powerful techniques for isolating psychological processes so that its neural bases can be assigned with sufficient certainty.

The hypnotic brain can work as kind of neurocognitive faucet. Furthermore, an increasing body of evidence providing understanding to the neural mechanisms of the meditative brain begins to form.

The emotional and cognitive equanimity causes a very special state of consciousness [4], of calm and stability, resistance, expertise in expressing compassion and empathy, a main goal of the Buddhist practices [1,2]. Structural changes in the gray matter of the key areas of the brain involved in learning processes suggest that these skills can be learnt through practice. Hypnoses and meditation [17], represent two important, historical, and influencing milestones of the western and eastern culture and civilization respectively. Neuroscience [18], has the key to provide a better understanding of the mechanisms of hypnotic and meditative brain [19], describing similarities but also differences between these two states and their accompanying processes. It is important not to see the eastern system or the western system as greater than the other if they are compared. It is more important the exchange of the old western meditation techniques presented with modern western clinical hypnoses that will produce that they improve each other.

2. Duality and nonduality in meditation research: Josipovic Z. *Conscious Cogn.* 2010 Dec;19(4):1119–21; This article describes that the wide variety of meditation techniques in different contemplative traditions presents a challenge while trying to create based conclusions according to the contemporary cognitive science bases. It is stated that the unique bands of the electroencephalogram (EEG) should be thoroughly studied just as their definition criteria, as well as the accuracy of the current definitions and possible limitations of the measurements of the EEG as classification criteria.

3. The fourth state of consciousness: The Thuriya Avastha. Ramamurthi B. *Psychiatry Clin Neurosci.* 1995 May; 49(2):107–10. This article describes that nowadays neurophysiology has stopped conferring the processes of thinking as the highest level of the brain function. As a matter of fact, it is common knowledge among eastern thinkers for many centuries that there are many more states in the human mind that end in the state of impulsive consciousness; the fourth state of consciousness. This state must have a physiological basis. The complicated brain structure, the extravagant abundance of neuronal and glial elements in the brain, the infinite possibilities of the synaptic junctions and synaptic transmission and the multiple neurotransmitters and neuromodulators; they all note the clear possibility of a higher level of involvement in research for the human brain than the one that has been used until now. Not only the theories, but also the eastern wise men's experience have proven that the brain can transcend the limits of logic and reason and experience states of consciousness frequently not recognized. In the last decades, the knowledge over the functioning of the brain has been exponentially increasing and scientists from different disciplines are focusing on unraveling their mysteries. It is necessary for scientists to study this state with all the available tools and search the neurophysiological bases of this state.

4. Mind of the meditator: Ricard M, Lutz A, Davidson RJ. *Sci Am.* 2014 Nov;311 (5):38–45. This article describes that meditation is an old search in a very particular mental state [20], which somehow, is part of almost each religion in the world. In recent years, its derivative practice from the different

branches of Buddhism [2], has made it extend its way in the secular world as a mean to promote serenity and general welfare.

Three common types of meditation—focused attention [18], consciousness, and compassion – are now practiced everywhere, from hospitals to schools, and they are becoming increasingly the object of scrutiny in scientific laboratories all over the world.

Through meditation evident physiological changes are produced in the brain along with an altered volume of tissue in some areas.

5. Buddha's Brain: Neuroplasticity and Meditation. Richard J. Davidson, Antoine Lutz. *IEEE Signal Process Mag.* 2008 Jan 1; 25(1): 176–174. This article describes that, in a recent visit to the United States, the Dalai Lama delivered a speech to the annual meeting of Neuroscience in Washington, D.C. In recent years, he helped recruiting Tibetan Buddhist monks in order to contribute to the research about the brain and meditation in the Wasiman laboratory for the projection of the image in the brain and the behavior at the University of Wisconsin–Madison. The results of the studies in this unusual sample as well as the related research efforts, suggest that, in the course of meditation for tens of thousands of hours, doctors resolve that it really modified the structure and functioning of their brains. In this article it is discussed the neuroplasticity that covers such alterations and the results of these studies.

Materials and Methods

Tibetan buddhist meditation

Light your inner sun.

Dwell in your inner shelter, which is your sky of clear and infinite light, the positive action arises naturally.

We free ourselves from ego, the non-light, the pride, and the thirst for justice this way and repeating each phrase 11 times as a mantra and focusing on our breathing.

“In the name of Buddha, I join my destiny to his destiny showing repentance of my ego, not wishing if not to be my Ever Eternal, Always Beloved and Always Sage Buddha by the power of I am the one that I am”.

“In the name of Buddha, I join my destiny to his destiny showing repentance of my non-light, not wishing if not to be my Ever Eternal, Always Beloved and Always Sage Buddha by the power of I am the one that I am”.

“In the name of Buddha, I join my destiny to his destiny showing repentance of my pride, not wishing if not to be my Ever Eternal, Always Beloved and Always Sage Buddha by the power of I am the one that I am”.

“In the name of Buddha, I join my destiny to his destiny showing repentance of my land understanding, not wishing if not to be my Ever Eternal, Always Beloved and Always Sage Buddha by the power of I am the one that I am”.

“In the name of Buddha, I join my destiny to his destiny showing repentance of my land unity, not wishing if not to be my Ever Eternal, Always Beloved and Always Sage Buddha by the power of I am the one that I am”.

We offer humility, forgiveness, mercy, compassion, and divine understanding to Buddha by lighting 5 small candles.

We keep in our mind the knowledge we wish to acquire and create a golden box where we put it in the form of energy accompanied by the questions we are going to ask.

We show seamless unity with the sacred and the divine.

We mentally say goodbye to everything that ties us to Earth, including our family and we do it lovingly and tenderly. We smile and integrate joy before our journey. We feel energy, not body.

We separate body from mind.

We visualize a Buddhist monastery.

Join your essence to that monastery.

We see the essence within and how it escapes from our eternal energy connected by a golden cord that links the monastery with our essence.

Join your heart to that monastery by the power of I am who I am.

You join Buddha in that monastery by the power of I am who I am.

Join your understanding to Buddha's understanding by the power of I am who I am.

Join your wisdom to Buddha's wisdom by the power of I am who I Am.

Join your death to the death of Buddha by the power of I am who I am.

Feel your death in peace and harmony. Your death joins your life to your birth to the next life. We feel how this happens. Join your death to your eternal life, without any fear for the power of I am who I am.

Die this way as if it was absolutely real uniting at the same time your unreason with the light of the Earth and the non-light of the Earth.

Live in that eternal life the knowledge of your Ever Eternal, Always Beloved and Always Sage Buddha.

After meditation, it is written what was seen, listened, or lived.

Results

Irrefutable proof of reincarnation

Of the physical or bodily structures that we bring back from past life (hands, feet, organs and eyes), there is one that, due to

its simplicity, is much easier to study and compare: The eyes.

The part of the eyes that come with us from our previous existence is the iris, not the color, but the existing marks in which coincide exactly with those of the last time we died.

If you cross the data of millions of irises you will find the key to this powerful law of birth, also called “Universal Birth Law”, that determines the place where you will be born again.

So based on iris data alone, I continue with eternal humility to describe the continent of your destiny following death:

If the color is green in the present life, in the next one your destiny will be Europe.

If the color is blue in the present life, in the next your destiny will be Europe.

If the color is brown in the present life, in the next your destiny will be America.

If the color is gray in the current life, in the next your destination will be Africa.

If the color is black in the present life, in the next one your destiny will be Europe.

If the color is light brown in the current life, in the next your destination will be Asia.

If the color oscillates between black and white but is none of the above described, in the current life, in the next your destination will be Australia (if yellow) and Oceania the rest.

The exact place of birth according to the country, is related or coincides with the color you had before you died:

If the color of the iris was green in the past life, in the next your destination will be in the country located immediately more to the south (according to the latitude) of where you died.

If the color of the iris was blue in the past life, in the next life your destination will be in the country immediately further north (according to latitude) from where you died.

If the color of the iris was brown in the past life, in the next life your destination will be in the country immediately to the east (according to the longitude) of where you died.

If the color of the iris was gray in the past life, in the next life your destination will be in the country located immediately to the west (depending on the length) of where you died.

If the color of the iris was light brown in the past life, in the next life your destination will be in the country located geographically just where you died.

If the color of the iris was black in the past life, in the next life your destination will be in the country located immediately more to the north (according to the latitude) of where you died, understanding as north the one located more to the north of the Earth in relation to the place of birth.

If the color of the iris was between black and white, without being any of those mentioned before, in the next your destiny will be in the country located immediately to the west (according to the length) of where you died, understanding as west the one located to the west of the Earth from its position in relation to the place of birth.

The exact place of birth according to the city, is related or coincides with the color of the iris you had before you died:

If it is blue, it is reborn in a city whose first letter would go from A to M and as a second letter from A to U.

If it is green, it is reborn in a city whose first letter would go from N to U and as a second letter from A to U.

If it is brown, it is reborn in a city whose first letter would go from U to Z and as a second letter from A to U.

If it is light brown, it is reborn in a city whose first letter would go from the T to the Z and as second letter from the A to the U

If it is grey, it is reborn in a city whose first letter would go from U to Z and as a second letter from O to Z.

If it is black, it is reborn in a city whose first letter would go from the N to the U and as second letter from the A to the U

If the color oscillates from white to black but is not any of the described before, it is reborn in a city whose first letter would go from M to U and as a second letter from A to U.

Pay attention, if we bear in mind that each letter is also a number, we would be obliged to:

The letter A is the number 1

The letter B is the number 2.

The letter C is the number 3.

The letter D is the number 4.

The letter E is the number 5.

The letter F is the number 6.

The letter G is the number 7.

The letter H is the number 8.

The letter I is the number 9.

The letter J is the number 10

The letter K is the number 11

The letter L is the number 12

The letter M is the number 13

The letter N is the number 14

The letter O is the number 15

The letter P is the number 16

The letter Q is the number 17

The letter R is the number 18

The letter S is the number 19

The letter T is the number 20

The letter U is the number 21

The letter V is the number 22

The letter W is the number 23

The letter X is the number 24

The letter Y is the number 25

The letter Z is the number 26

With the second letter we do same, exactly the same

The letter A is the number 1

The letter B is the number 2.

The letter C is the number 3.

The letter D is the number 4.

The letter E is the number 5.

The letter F is the number 6.

The letter G is the number 7.

The letter H is the number 8.

The letter I is the number 9.

The letter J is the number 10

The letter K is the number 11

The letter L is the number 12

The letter M is the number 13

The letter N is the number 14

The letter O is the number 15

The letter P is the number 16

The letter Q is the number 17

The letter R is the number 18

The letter S is the number 19

The letter T is the number 20

The letter U is the number 21

The letter V is the number 22

The letter W is the number 23

The letter X is the number 24

The letter Y is the number 25

The letter Z is the number 26

Therefore, we can say without fear of making a mistake that each city is a number that provides us with information.

We explain the significance that this information provides us:

My city is Malaga, its sequence is 13, 1, 12, 1, 7, 1

A) Each city has its color based on the first absolute number (coincides with the relative)

The 1 corresponds to green

The 2 corresponds to grey

The 3 corresponds to brown

The 4 corresponds to any color in the range from white to black, not described previously.

The 5 corresponds to white

The 6 corresponds to light brown

The 7 corresponds to blue

The 8 corresponds to black 9

There are cities of green, gray, brown, light brown, white, blue, black and with color between the range of white and black without being completely described previously.

We apply this rule:

If the city is white it is at latitude 30° North (N) or South(S) with 3 additional degrees of correction to the North or South, i.e. between 27° - 33° N or South.

If the city is green, it is at latitude 33° North with an additional 3° degrees of correction to the North or South, i.e. between 36° - 30° N.

If the city is blue, it is at latitude 35° North or South with an additional 3° degrees of correction to the North or South, i.e. between 32° - 38° N or South.

If the city is brown it is at latitude 40° North or South with 3° additional degrees of correction to the North or South, i.e. between 43° - 37° N or South.

If the city is light brown it is at latitude 50° North or South with 3° additional degrees of correction to the North or South, i.e. between 53° - 47° N or S. The city is at latitude 50° North or South with 3° additional degrees of correction to the North or South, i.e. between 53° - 47° N or S.

If the city is gray is at latitude 60 degrees North or South

with 3 additional degrees of correction to the North or South, ie between 63° - 57° N or S.

If the color varies from white to black and is not one of those described, the city would be at any latitude other than those already indicated. They are cities not linked to the Ever Eternal and Beloved Father.

B) Each city shows the most silenced aspect (most worked) in its inhabitants based on the second absolute number that comes from the sum between 2° and 3° .

Málaga= $1+12=13$

There are 33 second absolute numbers, which I describe:

1. Envy
2. Respect for others
3. Unconditional giving of oneself
4. Love
5. Tenderness
6. Sweetness
7. Carnal desire
8. Union to the Ever Eternal and Beloved Father
9. Power beyond measure
10. Evil
11. No desire to join the Ever Eternal and Beloved Father
12. Hurtful words
13. No spiritual understanding
14. Evil beyond measure
15. Lamenting
16. No breaking of his greatest treasure, the union with the Ever Eternal and Beloved Father.
17. Not to be generous with the weak
18. Death without union with the Ever Eternal and Beloved Father
19. Death not united to the "without light" (satan)
20. Death without the desire to unite with the Ever Eternal and Beloved Father
21. Power unequaled joined to steal others disparaging their work .
22. Laughter not united to your Ever Eternal and Beloved Father
23. No understanding of the material world

24. Death without Dadoe
25. Broken divine understanding
26. Spiritual stubbornness
27. Showing despair
28. Despair with the material world
29. No light rupture
30. To render the separation to the Ever-Eternal and Beloved Father
31. To unite silence with your death
32. Spiritual power over one's neighbor
- 33.- No divine understanding
34. Understanding of your disunity from your "demonstrate your non-unity"
35. Desire unites you with your ego
36. Your desire unites you with your enemy Satan.
37. Your desire unites you to your no light
38. Your desire unites you to your life without unity, without freedom of unity and without death united to the Eternal One.
39. Do not understand your without life of unity, without freedom of unity and without death united to your Eternal One.
40. Your disunity from your Eternal One unites your death.
41. Your death disunites your desire to unite with your enemy Satan.
42. If you die without uniting your Denó in the Denó of the Without Evil, you will unite the Dusul of disunity with Me, Your Eternal One.
- 43.-Disunite your Dusul by uniting your Denó in the Denó of Without Evil.
44. Your disunity from the Without Evil unites your death of spirit.
45. Your lack of understanding of your life without unity, without freedom of unity and without death united to your Eternal One, unites you to your misfortune.
46. The "prove your unmeasured non-understanding of your divine unity" unites Dusul of Sinlessness
47. Your display of disloyalty unites you to your life without unity, without freedom of unity and without death united to your Eternal One
48. Do not unite your Denó in the Denó of without Evil unite your death of spirit.
49. Your lack of understanding of your unity with the

Without Evil unites Dusul of 50 lives, 50 deaths, 50 Dadoes and 50 disunited births of your Eternal One

50. Your sign of unmeasured loyalty not to unite your struggle in your karma joins your non-death in me, your Eternal One

51. Your death of spirit unites the doubt of your unity

52. Not understanding your evolution unites the Dusul of disunity of your Eternal One.

53. You, without life of unity, without freedom of unity and without death united to Your Eternal One, has its origin in your past life.

54. Not understanding your disunity from your enemy Satan, unite your Dusul of unity in him.

C) Each city shows the least silenced aspect (least worked) in its inhabitants based on the third absolute number coming from the sum in 4th and 5th

Málaga= 1+7=8

There are 33 second absolute numbers, which I describe:

1. Envy
2. Respect for others
3. Unconditional giving of oneself
4. Love
5. Tenderness
6. Sweetness
7. Carnal desire
8. Union to the Ever Eternal and Beloved Father
9. Power beyond measure
10. Evil
11. No desire to join the Ever Eternal and Beloved Father
12. Hurtful words
13. No spiritual understanding
14. Evil beyond measure
15. Lamenting
16. No breaking of his greatest treasure, the union with the Ever Eternal and Beloved Father.
17. Not to be generous with the weak
18. Death without union with the Ever Eternal and Beloved Father
19. Death not united to the "without light" (satan)

20. Death without the desire to unite with the Ever Eternal and Beloved Father
21. Power unequalled joined to steal others disparaging their work.
22. Laughter not united to your Ever Eternal and Beloved Father
23. No understanding of the material world
24. Death without Dadoe
25. Broken divine understanding
26. Spiritual stubbornness
27. Showing despair
28. Despair with the material world
29. No light rupture
30. To render the separation to the Ever-Eternal and Beloved Father
31. To unite silence with your death
32. Spiritual power over one's neighbor
- 33.- No divine understanding
34. Understanding of your disunity from your "demonstrate your non-unity"
35. Desire unites you with your ego
36. Your desire unites you with your enemy Satan.
37. Your desire unites you to your no light
38. Your desire unites you to your life without unity, without freedom of unity and without death united to the Eternal One.
39. Do not understand your without life of unity, without freedom of unity and without death united to your Eternal One.
40. Your disunity from your Eternal One unites your death.
41. Your death disunites your desire to unite with your enemy Satan.
42. If you die without uniting your Denó in the Denó of the Without Evil, you will unite the Dusul of disunity with Me, Your Eternal One.
- 43.-Disunite your Dusul by uniting your Denó in the Denó of without Evil.
44. Your disunity from the Without Evil unites your death of spirit.
45. Your lack of understanding of your life without unity, without freedom of unity and without death united to your Eternal One, unites you to your misfortune.

46. The "prove your unmeasured non-understanding of your divine unity" unites Dusul of Sinlessness

47. Your display of disloyalty unites you to your life without unity, without freedom of unity and without death united to your Eternal One

48. Do not unite your Denó in the Denó of without Evil unite your death of spirit.

49. Your lack of understanding of your unity with the Without Evil unites Dusul of 50 lives, 50 deaths, 50 Dadoes and 50 disunited births of your Eternal One

50. Your sign of unmeasured loyalty not to unite your struggle in your karma joins your non-death in me, your Eternal One

51. Your death of spirit unites the doubt of your unity

52. Not understanding your evolution unites the Dusul of disunity of your Eternal One.

53. You, without life of unity, without freedom of unity and without death united to Your Eternal One, has its origin in your past life.

54. Not understanding your disunity from your enemy Satan, unite your Dusul of unity in him.

D) Each city shows no love of the city and its inhabitants on the basis of the fourth absolute number that comes from the sum of all.

My city is Malaga, their sequence is 13, 1, 12, 1, 7,1, if we add all of them = 35

There are 4 types of this absolute number 4, I describe:

If the number is between 31 and 54, is a city with no land love (divine understanding of love).

If the number is between 54 and 156, it is a city with land love

If the number oscillates between 156 and 420, is a city of no land love and union to the lightless.

If the number is between 1 and 31, it is a city break of love land and located at latitude not attached to the Ever Eternal and Beloved Father.

Time of reincarnation and iris color

If the eye is green in the present life, your reincarnation time will extend to 300 years. You will exhibit peace and harmony at the moment of death. Your time of rest in heaven will be the same 300 years as your reincarnation time.

If the eye is blue in the present life, your time of reincarnation will extend to 400 years, being born from Dadoe . Your stay in the restful heaven is only 50 years. You will show at the time of death blind faith and desire to serve the Heavenly Father.

If the eye is brown (light or dark) in the present life, your time of reincarnation will extend only 1 year from your death, incarnating from Dadoe. You will show at the moment of death pain for feeling separated from the Father.

If the eye is red in the present life, your time of reincarnation will extend to less than 50 years, being born from the Dadoe. You will show at the moment of death sadness for dying.

If the eye is black in the present life, your time of reincarnation will be immediate. That is to say, as soon as one dies, the person is born again without time to rest. One will show at the moment of death, pain for the cause of suffering, expressing terror for dying.

If the eye is black and white in color but is not in the range of colors described above, its time of reincarnation will extend 77 years, being born from Dadoe. Life being tremendously unfortunate, you will show, at the moment of death, a yearning to be God and to avoid it.

If the eye is gray in the present life, its time of reincarnation will extend towards 40 years, being born from the Dadoe and its life being guided by the No Light and suffering pain at the moment of death all while wondering how it is possible to die.

People with eyes of iris of two colors, denote opportunity to live two lives in the same life.

What is described simply shows a trend but there is NO DESTINY or FATE, everything can be varied even by blessing. Everything can vary even in the worst circumstances of birth or life.

The factors that influence the color of the iris are:

- Karma
- Birth by geographical location
- Moment of death in relation to the state of the soul (peace, despair, helplessness, faith, service, etc., etc.)

The factors that influence the time of birth in a given geographical site are:

- Karma
- The time and circumstances of death
- The color of the eyes
- The moment of the signaling of karma

Having said all this, it would only remain to state that the definitive test would be to follow several subjects with short reincarnation time (immediate or 1 year or both), and once a subject has been verified with the iris with the same marks, spots and crypts as the one of the past life (with an iris identification scanner program), we make a comparison in the DNA and we will be able to verify that the DNA exactly matches the one before death.

This is because human DNA is mutated by eternal DNA (described by the writer in *Genetics of Emotion: The Origin of Disease*, Editions B, Barcelona 2015). It is the eternal DNA that carries from one life to another the wrong emotions of love and is therefore the one that produces the emotional factor of the disease making us susceptible to some diseases that others do not suffer from or diseases that are repeated again and again, or diseases that have no cure until the emotion or emotions that cause it are healed.

I hope that after this work, groups with sufficient research potential, corroborate this evidence and can publish their findings which will result in the highest scientific impact.

Discussion

The term “meditation” [18], comes from the Latin *meditatio* and it refers to the act and result of meditating (to carefully focus thinking towards considering something). The concept is linked to concentration and deep reflection. Meditation is common in religion and spirituality. It is a practice that consists on focusing attention on a thought, an external object, or one’s own consciousness [1,2].

Buddhism, Judaism, or Islam are some of the religions which do not hesitate in having meditation as one of their main pillars. Coptic Christianity does as well, but just a few from the Catholic religion practice it. It doesn’t matter, maybe after reading this book it will be practiced much more. Diverse scientific researches claim that meditation techniques can contribute to boost memory, improve concentration, and strengthen health [18]. These shouldn’t be questioned. Meditation is usually classified in two large groups. On one hand, there is the call of full consciousness, which revolves around issues such as experience or one’s own perception. On the other hand, there is what is known as meditation of concentration.

For Buddhism [1,2], meditation is an essential practice for increasing wisdom and eradicating suffering. Beyond the different techniques and schools, the usual thing when meditating is finding a peaceful place, sitting in the lotus position (it is the most purist, but it can also be done laid down) and repeating a mantra [1], that takes the individual to a state of deep concentration [1,2]. Meditation also helps to autosuggestion, which is a mental process through which a person trains his or her subconscious. The brain rhythm enters alpha or theta phase, and once relaxed, a little seizure of attention gets the same effect as an experienced hypnotherapist. Thus states of consciousness that trigger states of knowledge that lead to inspiration, or as a mystic would say, enlightenment, are achieved.

According to Kadampa Buddhism Tradition (2):

“Meditation is the method for acquainting mind with virtue. It is a mental consciousness that analyses a virtuous object or focuses on it. The virtuous object is that which eases our mind when we analyze it or focus on it. In case of, as a result of studying an object, we generate mental perturbations,

such as hatred or attachment, this means it is not virtuous. There are also neutral objects that do not produce favorable or unfavorable effects in the mind.

There are two types of meditation: analytical or placement meditation. When we contemplate or study the meaning of any text of Dharma that we have read or listened, we are conducting analytical meditation. The deep contemplation of this teaching will lead us to a particular conclusion or to generate a virtuous mental attitude. This conclusion or mental attitude will be the object of the placement meditation. Once we have found the desired object through analytical meditation, we should focus on it with no distractions for as long as we can so we can acquaint it. This convergent concentration is placement meditation. The term meditation is often used in order to refer to placement meditation, and contemplation in order to name analytical meditation. Placement meditation relies on contemplation, and this on the listening or reading of the teachings of Dharma.

The first stage of meditation consists in dispelling distractions and achieving mental clarity and lucidity. This can be achieved with a simple breathing exercise. First, we choose a quiet place to meditate and we sit in the traditional position, with our legs crossed one over the other, or in any other position that is comfortable for us. If we prefer, we can sit on a chair. The most important thing is keeping the back straight to avoid falling in a state of drowsiness [1].”

I have been practicing meditation since 2004, but I focused on two very particular types: Firstly, Buddhist Tibetan Meditation, which separates mind and body; and secondly, Tibetan Buddhist Meditation, like describe The Tibetan Book of the Dead: Which leads to powerful cognitive experiences that reveal our quantum architecture of energy, because in that state you can access what could not be achieved through the classical scientific method.

I have published articles following the classical scientific method [21-24], but from my childhood I was interested by the mind as space and laboratory. Thus, I began to try to research in these states of consciousness [25], what was achieved, and I noted, calculated, and repeated. I confirmed it worked.

But I also realized that something very profound was changing in me. After long meditation sessions, many of them without sleeping a wink, I began changing scale of values, interests, and habits. I focused more on my inner self and much less in the outer one and I found out that inside the human being there is an all-powerful shelter, the mind [1]. You can come back there as many times as you want and feel the peace of its immensity, of its clear light, of its infinite emptiness. I got there to realize that vision is mind and mind is vision [1]. This said by a specialist in ophthalmology [21], could be strange, but I experienced hundreds of times the happiness of seeing myself included in a clear and blue sky without ego clouds (Buddhists will understand me very well), and in this state I only saw light [1,2].

I studied thoroughly near-death experiences (NDE),

and the works of Pim van Lommel [6-8], Peter Fenwick [4], and Raymond Moody. I wondered how it was possible to see without eyes, hear without ears, and touch without hands and additionally keep memory of everything. Likewise, I did with the scientific evidences provided by Drs. Gary Schwartz and Bruce Greyson [26-31], about what they call “consciousness”.

I did the observation with our non-physical senses, sight, hearing, smell, taste, and touch, but at least 5 more, and which do not belong to any body structure because they are out of it.

The hypothesis, which will be called evidence, is only dying unlimited knowledge is acquired, because living what we have does not fit in a vessel, and we are an ocean although we are not aware of it.

In the experimentation we reproduce the phenomenon (meditation), humbly controlling the previous steps, the main ones and the ending.

In the analysis of the results we reveal as writing what has been acquired or listened, judge by yourselves whether it is significant or not.

In the discussion we pose our “finding” and I let you know beforehand that any profound meditator, and especially if he or she is Buddhist, would have similar experiences. Prophets from every religion have had this kind of experiences and they have described them. By the way, did prophets inspirationally know meditation? Did someone teach them to meditate? Why was the art of meditation lost in the Eastern World? Perhaps Abraham did it? Did Sarah meditate? Did Isis meditate? Did Jeremiah meditate? Ismael? Did Daniel meditate? Did Elijah meditate? Did Muhammad Meditate?

Can someone prove that they did not?

This is the storyline of this book and at the same time, the challenge for those who wish it and wish to recover lost knowledge.

Finally in the conclusion, I have no doubt that the hypothesis is true, and it is a compendium of laws and not a single one, although all are ONE with the ONE. And I do believe that we can make a great law out of it, so that it can be verified, the reproducibility of the method, the same results, the same conclusions, by any meditator, especially if he or she is Buddhist, Muslim, Sufi, Hebrew or Coptic Christian. If we all have this ability, that of meditating, we all are one, and maybe, some may get there and some may not because once more, Albert Einstein was not heard enough in order to understand that the most powerful force in the universe is love and that it is the flame of knowledge and salvation.

Conclusion

Invest the equation.

“Inverse scientific method” is one that shows in the opposite direction because what is going to be investigated cannot be taken to the laboratory.

Let someone show that the exhibit is not true using the same technique. And that someone corroborate that, once the Tibetan meditation described here, gets the same results, that this drop of water from the ocean of God, which is the one who writes, has managed to get rid of his ego but not his courage and steadfastness to share something Q The EU will make millions of people know what freedom really is.

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