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Research Article

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[Prevalence of Asthma and Its Association with Daily Habits in Jimma Town, Ethiopia](#)

Published On: November 06, 2018 | Pages: 011 - 017

Author(s): Eden Yitna Tefereedgn* and Andualem Mossie Ayana

Background: Many studies showed a low risk of asthma in sub-Saharan countries. However, due to indoor pollutions and environmental hazards, developing countries are always the prior victims of all types of respiratory illnesses including asthma. Jimma, south-western Ethiopia, is known by its wide range of vegetations including khat and coffee. Together with high pl ...

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[Effects of Khat \(Catha Edulis\) on Bronchial Asthma](#)

Published On: May 18, 2018 | Pages: 005 - 010

Author(s): Eden Yitna*, Andualem Mossie and Alemeshet Yami

Introduction: Asthma is a chronic inflammatory disorder of the airways. It is always being a health burden across the globe. The active chemical present in Khat could have a bronchodilator effect like that of catecholamine. ...

[Abstract View](#) | [Full Article View](#) | DOI: 10.17352/oja.000008

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[Assessment of the Severity of Disease in Patients with Bronchial Asthma, Before and After Yoga: A Randomised Trial](#)

Published On: May 11, 2018 | Pages: 001 - 004

Author(s): Candy Sodhi, Amit Bery* and Sheena Singh

Introduction: Asthma is a common chronic inflammatory disorder affecting about 300 million people worldwide. As a holistic therapy, yoga has the potential to relieve both the physical and psychological suffering of people with asthma, and its popularity has expanded globally. Yoga includes several techniques: physical postures (asanas), voluntarily regulated breathing ...

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[DOI: 10.17352/oja.000007](#)