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INVITATION FOR SPECIAL ISSUE

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Pedro J. González Matarín is a researcher of health, exercise and nutrition sciences. He majored in physical education at the University of Almeria, in obesity in National University of Distance Education, in physical activity and health at the Andalusian Internacional University, in Nutrition and Dietetics at the University of Valencia, and received a PhD in Health Sciences from the University of Jaen in 2014. His research interests include programming health, physical activity, and nutrition in all ages and different physiological situations preferently in postmenopausal women and elderly men. He has special interest in women in climateric phase and men and women with diseases due aging such as sarcopenia, cancer, osteoporosis, alzheimer, physical disability also your interest is in exercise physiology, healthy lifestyle, obesity and menopause with associated factors. Previously Pedro had worked as a researcher in the development of a guide for school health in the Training Foundation and Health Research (FFIS) in Spain.

Sincerely,

Hardev B

Journal Managing Editor

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